Callum Brennan

Central Midfielder

Contact

Preston

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Skills

- Central or defensive midfield; right foot, comfortable on the left
- Passing range and switching play under pressure
- Reading the game: when to press, cover and balance
- Match video review and setting targets
- Leading the team as vice-captain

Profile

Central midfielder, right-footed and comfortable on the left, playing semi-professional football in the Northern Premier League after a two-year scholarship at a professional club's academy. Played 41 games in the 2025–26 season as the deeper of two central midfielders and has been vice-captain since January 2026. Fit, available for every match and looking for a trial or a contract at a full-time club.

Playing history

Central Midfielder

Ribble Vale FC (semi-professional), Preston · July 2024–present

- 41 appearances, 6 goals and 9 assists in 2025–26; voted players' player of the season.
- Play as the deeper of two central midfielders: take the ball from the centre-backs under pressure and switch play, with 86% of passes completed in the club's match data.
- Train on three evenings a week and follow the club's strength and conditioning plan on the other days.
- Came back from a hamstring tear in October 2024 on the physio's six-week plan, and have missed no game through injury since.
- Review each match video with the assistant manager on Mondays and set one target for the next game.
- Vice-captain since January 2026: lead the warm-up and speak for the players to the management team.
- Help run the club's Saturday-morning junior sessions and meet sponsors at home games.

Gym Instructor (part time)

Fulwood Leisure Centre, Preston · September 2024–present

- Induct new members, show them the equipment and write simple programmes; about 12 hours a week around training.

Scholar

Lune Town FC Academy, Lancaster · July 2022–June 2024

- Two-year scholarship: full-time training with the under-18s, 52 appearances, and 9 games for the under-21s.
- Completed the Sporting Excellence Professional Level 3 apprenticeship alongside training, with a performance review every six weeks.
- Followed the academy's anti-doping education, nutrition and recovery programme.

Qualifications

- Sporting Excellence Professional Level 3 Apprenticeship, football (2024)
- Level 2 Certificate in Gym Instructing (2025)
- Emergency First Aid at Work (2025)
- GCSEs: six at grades 9 to 4, including English Language 5 and Maths 5 (2022)