Amber Lewin

Support Worker

Nottingham 07700 900238 amber.lewin@example.com

Profile

Support worker with four years in supported living for adults with a learning disability, including autistic adults. Helps people plan their week, cook, shop, budget and travel, following their support and positive behaviour support plans. Writes daily notes and works with families, social workers and the community learning disability team. Level 2 Diploma in Care, working towards Level 3.

Employment

Support Worker, **Hollybank Supported Living, Nottingham** **June 2022–present**

- Support three tenants in a shared house on days, evenings and sleep-ins.
- Taught a tenant to cook four meals on her own in six months, using picture recipes.
- Helped two tenants budget and pay their own bills; one now shops alone with a list.
- Travel-trained a tenant step by step until he took the bus to college alone (March 2025).
- Noticed a tenant grew anxious before family visits and agreed a calmer routine with his sister.
- Give personal care to one tenant, following her plan and the way she likes things done.
- Write daily notes and update support plans at each monthly review with the team leader.

Sales Assistant, **Wollaton Garden Centre, Nottingham** **2019–2022**

Volunteering

Volunteer, **Saturday youth club for young disabled people, Nottingham** **2020–2022**

- Ran craft and cooking sessions for groups of eight young people.

Qualifications and training

- Level 3 Diploma in Adult Care (started 2026)
- Level 2 Diploma in Care (2023)
- Care Certificate, all 15 standards (2022)
- Oliver McGowan Mandatory Training on Learning Disability and Autism, Tier 2 (2025)
- Positive behaviour support, safeguarding, medication and first aid (refreshed 2026)
- GCSEs including English Language 6 and Mathematics 5 (2019)

Skills

- Teaching daily living skills one step at a time
- Easy read plans and Makaton signs
- Calm, consistent support when someone is anxious

Additional information

Enhanced DBS on the Update Service. Full UK driving licence. Days, evenings, weekends and sleep-ins.